

**Amendment to the Specification:**

On page 1, after the title and before the first line of the specification, please insert the subheading:

**Background of the Invention**

On page 2, please amend the paragraph spanning lines 5-10 as follows:

~~The French patent published under the number 2 746 602 reveals~~  
US 5,765,234 shows a helmet whose adjustment includes several adjustable knobs which cover the interior of the helmet, which are to be in contact with the head of the user. It was understood that this device is not at all satisfactory, because the contacts with the interior of the helmet are specific and render the wearing of the helmet particularly uncomfortable, and that, of course, affects its safety.

On page 2, please amend the paragraph spanning lines 12-15 as follows:

One knows also the device ~~revealed by~~ shown in the American patent US 3,082,427 includes a deformable internal cap made of an adjustable mesh. This device forms part of an obsolete technology, and the helmet is meant, to some extent, to be floating, and is thus uncomfortable and a little unsafe.

On page 2, please amend the paragraph spanning lines 17-20 as follows:

~~The international patent application WO 9210952 reveals~~ US 5,003,636 discloses an adjustment including a plurality of inflatable compartments. This concept, even if it appears, at first sight, alluring, is a difficult technology to implement and is not very reliable because the inflatable cells are constantly damaged.

On page 3, before the first paragraph, please insert the subheading:

**Summary of the Invention**

On page 4, please amend the paragraph spanning lines 20-21 as follows:

According to another characteristic, it is the higher wall of the envelope which includes at least one band of ~~auto~~self-gripping textile of the type with hooks.

On page 5, before the paragraph which begins on line 15, please insert the subheading:

**Brief Description of the Drawings**

On page 5, please amend the paragraph spanning lines 22-24 as follows:

Figure 2 is a prospective view of a helmet ~~in the invention~~, equipped with supplementary padding, with a part of the aforementioned padding shown in phantom.

On page 6, please amend the paragraph spanning lines 5-8 as follows:

Figure 4 is a side view of the helmet equipped with its removable padding, while the Figure 4a is a sectional view, ~~on a large~~ in enlarged scale, revealing the succession of layers laid out inside the shell of the helmet, including the layers of supplementary padding.

On page 6, before the paragraph which begins on line 18, please insert the subheading:

**Detailed Description of the Preferred Embodiments**

On page 11, please amend the paragraph spanning lines 17-21 as follows:

Thus, a given envelope can correspond to several different types of supplementary padding elements, so that the user can choose the supplementary padding elements allowing him to obtain an optimal adaptation of the interior volume of the helmet, and thus personalize his helmet ~~to some extent~~.

On page 11, please amend the paragraph starting on line 23 and continuing to page 12, line 8 as follows:

It goes without saying that the supplementary padding which with the form of a perfect 'T' in the preferred embodiment proposed by way of example, could have all other forms to adapt to the configuration of the interior of the helmet in which it is intended to be mounted. Thus, and for example, two side branches of the T (12,13) which ~~is in the prolongation one of the~~ are in line with each other ~~on~~ in the illustrations could, for example, be convergent or divergent. Also let us add that, in the shown illustrations, the two side branches (12, 13) are perpendicular but it could, of course, be arranged differently, and have all other forms adapted to the helmet into which supplementary padding is destined.